



b i s t r o

s a m p l e m e n u

niman ranch humane-certified bistro steak**

pan-seared bistro steak served with mashed yukons, mixed greens and finished with caramelized onion and port reduction

tuscan fettucini

fettucini in a parmesan and vermont cabot cheddar cream sauce with sun-dried tomatoes, spinach and prosciutto

free bird* statler chicken breast

pan-seared, statler chicken breast prepared in a style which will vary with the seasons and the chef's whim (ask your server)

maple glazed organic scottish salmon

pan-seared salmon filet finished in a vermont maple syrup reduction and served with a himalayan red rice/wheatberry blend and mixed vegetables

certified black angus strip steak

pan-seared strip steak, served with french fries and mixed greens, topped with bleu cheese or sauteed mushrooms

derby hill farm* ground beef**

leo's special of the day, prepared with derby hill farm ground beef and/or pork (ask your server)

mio's signature thai special fish

fresh wild-caught fish (varies with availability) prepared with a coconut green curry sauce, served with a red rice/wheat berry blend and mixed vegetables and finished with seaweed salad and spicy thai peanut sauce

jamison farm braised lamb shank

jamison farm lamb shank, slow-braised in red wine and a soffritto, served with yukon gold mashed potatoes and mixed greens

p i z z a - t o - g o

every sunday and monday night, mio offers pizza-to-go! gourmet pizzas made with fresh ingredients and fresh ideas! here are a few of our favorites. check our menu online and call to order. (please note: cash or check only)

mushroom freak

a 3-mushroom blend, fontina cheese, mio 3-cheese blend, mushroom puree & white truffle oil drizzle

spicy shrimp and broccoli

shrimp tossed in fire-roasted tomato & basil pesto, mio 3-cheese blend, broccoli & tomato sauce

antica sosta

sweet italian sausage, roasted asparagus, roasted fresh fennel, mio 3-cheese blend & tomato sauce

*Free bird chickens are fed 100% organic feed and are humanely and sustainably raised, free roaming, and antibiotic free.

**Meets the Temple Grandin Humane Farm Animal Care program standards.

***Derby Hill Farm beef and pork is humanely raised on pasture in Dorset, Vermont.



mediterranean-inspired cuisine
reservations highly recommended

call for our new hours
802.231.2530

3239 route 30, dorset village, vt
www.miobistro.net